

Morris Mixed Martial Arts - Class Schedule (Effective Jan 1, 2022)

1745 State Route 10 ,East Morris Plains, NJ 07950

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Quitters Never win, Winners never Quit! I am Not a Quitter, I am a Winner.

	MON <i>In-person Class</i>	TUE <i>In-person Class</i>	WED <i>In-person Class</i>	THU <i>In-person Class</i>	FRI <i>In-person Class</i>	SAT <i>In-person Class</i>	MMMA BIRTHDAY PARTY Saturday 2:30pm ~ 4:00pm “ BOOK YOUR SPECIAL BIRTHDAY PARTY ” ---
4:30 ~ 5:10 pm	Red <i>In-person Class</i>	White <i>In-person Class</i>	Red <i>In-person Class</i> Sparring Class	White Belt <i>In-person Class</i>	White/ Yellow Class <i>In-person Class</i>	Little Tiger White 9:30 -10:10AM <i>In-person Class</i>	
5:15 ~ 5:55 PM	Brown <i>In-person Class</i>	Yellow <i>In-person Class</i>	Brown <i>In-person Class</i> Sparring Class	Yellow <i>In-person Class</i>	Orange/ Green <i>In-person Class</i>	Yellow Orange 10:15 – 10:55am <i>In-person Class</i>	
6:00 6:40 PM	High Brown <i>In-person Class</i>	Orange/Green <i>In-person Class</i>	High Brown <i>In-person Class</i> Sparring Class	Orange /Green Sparring Class <i>In-person Class</i>	Blue/Purple <i>In-person Class</i>	Green/ Blue 11:00 – 11:40am <i>In-person Class</i>	
6:45- 7:25 PM	Bodan <i>In-person Class</i>	White Belt Class <i>In-person Class</i>	Bodan <i>In-person Class</i> Sparring Class	White Belt Class <i>In-person Class</i>	Red /Brown <i>In-person class</i>	Purple/Red 11:45-12:25pm <i>In-person Class</i>	
7:30~ 8:10 PM	Jr Black Belt <i>In-person Class</i>	Blue/Purple Red <i>In-person Class</i>	Jr Black Belt <i>In-person Class</i> Sparring Class	Blue /Purple Red Sparring Class <i>In-person Class</i>	High Brown <i>In-person class</i>	Brown High Brown <i>In-person Class</i> 12:30-1:15pm	
8:10 ~ 8:55 PM	All belts Class <i>In-person Class</i>	All Adult Class Black Belt Class <i>In-person Class</i>	All Belts Class <i>In-person Class</i> Sparring Class	All Adult Class Black Belt Class Sparring Class <i>In-person Class</i>	BODAN BELT Special Class Prepare for Black Belt 8:00 –8:50 PM BEGIN FEB 25,2021	Bodan <i>In-person Class</i> 1:20-2:00pm	

- Note:
- *Students are advised that they arrive 5 minutes before the start of classes and wait outside until Master or Instructors let them into training area.
 - *Students are not permitted in class without their attendance card.
 - *All who enter should bow to the flags and the Master to show respect.
 - *Time Schedule changed can be without notice.
 - * Sparring can start from Orange belt.