

# Morris Mixed Martial Arts School - Class Schedule (Effective November 1<sup>st</sup>, 2021)

[www.morrismixedmartialarts.com](http://www.morrismixedmartialarts.com) (973) 605-5800

Quitters Never win, Winners never Quit! I am Not a Quitter, I am a Winner.

	MON In-person Class	TUE In-person Class	WED In-person Class	THU In-person Class	FRI In-person Class at 3TMA	SAT In-person Class	<b>3TMA BIRTHDAY PARTY</b>  <b>Saturday 2:00pm ~ 3:30pm</b>  <b>“ BOOK YOUR SPECIAL BIRTHDAY PARTY ”</b>  ----- -- <b>Special Private Lesson Available</b>  <b>Special Private Lesson is Available from one of our Masters.</b>  <b>For more detail info, Please ask our Masters. Thank you</b>
4:15 ~ 4:55 pm	Red In-person Class	White In-person Class	Red In-person Class Sparring Class	White Belt In-person Class	White/ Yellow Zoom Class In-person: 3TMA	Little Tiger White 9:30 -10:10AM In-person Class	
5:00 ~ 5:40 PM	Brown In-person Class	Yellow In-person Class	Brown In-person Class Sparring Class	Yellow Orange In-person Class	Orange/ Green Zoom Class In-person: 3TMA	Yellow Orange /Green 10:15 – 10:55am In-person Class	
5:45 6:25 PM	High Brown In-person Class	Orange/Green In-person Class	High Brown In-person Class Sparring Class	Green/Blue Purple Sparring Class In-person Class	Blue/Purple/Red Zoom Class In-person: 3TMA	Blue/Purple 11:00 – 11:40am In-person Class	
6:30- 7:10 PM	Bodan In-person Class	White Belt Class In-person Class	Bodan In-person Class Sparring Class	White Belt Class In-person Class	Brown/High Brown/Bodan Zoom Class In-person: 3TMA	Red /Brown 11:45-12:25pm In-person Class	
7:15 ~ 7:55 PM	Jr Black Belt In-person Class	Blue Purple In-person Class	Jr Black Belt In-person Class Sparring Class	Red /Brown High-Brown Sparring Class In-person Class	Jr Black Belt Zoom Class In-person: 3TMA	High Brown Bodan All Black Belt  In-person Class 12:30-1:15pm	
8:00 ~ 8:50 PM	White/Yellow Orange/ Blue Purple In-person Class	Red/Brown High-Brown/ Bodan Black Belt In-person Class	White/Yellow Orange/ Blue Purple In-person Class Sparring Class	Bodan to Black Belt Sparring Class In-person Class	BODAN BELT Special Class Prepare for Black Belt At 3 Tiger Martial Arts Start Nov 5, 2021 8:00 –8:50 PM	Birthday Party Saturday 2:30pm ~ 4:00pm	

**\*\*Important announcement\*\***  
 From November, Friday’s in-person classes will be taking place in  
**3 Tiger Martial Arts School in Boonton.**  
 Students are highly recommended to **come to 3TMA for in-person classes** or join  
 virtual classes on Zoom on Fridays.

Note:

- \*Students are advised that they arrive 5 minutes before the start of classes and wait outside until Master or Instructors let them into training area.
- \*Students are not permitted in class without their attendance card.
- \*All who enter should bow to the flags and the Master to show respect.
- \*Time Schedule changed can be without notice.